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Piece of Cake: Assuring Specific Qualities of Product in Farm Lifecycles with DLT - Can Evidenced Based Practice be supported by Participatory Action Research Methods?

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Correspondence: hannah.rudman@sruc.ac.uk**Received:** 24 September 2020 **Accepted:** 16 October 2020 **Published:** 27 October 2020**Abstract:**

A strong need for evidence-based practice in the blockchain and distributed ledger technology (DLT) research, development and action domains is currently clarifying. Literature highlights a lack of transparency around the outputs, outcomes and impacts of blockchain projects. As previously cited in this journal for example, the US Agency for International Development studied 43 projects, and found that nearly all did not want to share their results [1]. The Centre for Evidence Based Blockchain recently completed a study of 517 companies to see if their blockchain projects could be defined as evidence-based practice. Over four years they measured companies using the PCIO framework (what evidence is there of Problem – Comparison – Intervention and Outcomes) of evidence-based practice. The studies concluded that almost half of blockchain companies showed “no explicit evidence of the problem to be solved. Approximately one-third fail[ed] to cite a comparison and intervention analysis, and less than 2% demonstrate[d] evidence of outcomes backed by filtered (critically appraised, peer reviewed) information” (Naqvi & Hussain, p. 8 [2].)

This paper presents how qualitative research design and methodologies can help companies and academics achieve evidence-based practice. It presents a case study, in the PCIO framework, of a small-scale agriculture sector project to assure a specific quality. The case study is a conclusion of a project that was run as participatory action research (PAR), involving a consortium including academics, farmer practitioners and a technical DLT platform developer, between 2018 and 2020. The findings show that PAR is an appropriate research method for any democratic collaborative consortia to achieve evidence-based practice through dialogue, discussion, co-development and trusting relationships.

Keywords: *Distributed Ledger Technologies (DLT), Participatory Action Research (PAR), case studies, agri-food supply chains, research and development design, qualitative research methodologies, evidence-based practice.*

JEL Classifications: 03, L6, Q1**1. Introduction**

There are high-profile agri-food sector blockchain case studies from the biggest sector companies working with tech giants such as IBM's Food Trust (its website features seven case studies, with IBM's blockchain solution improving supply chain efficiency, food safety, waste and fraud, brand trust, etc.) [3]. Their purpose is mainly as marketing tools, but the case studies do report evidence of problems solved by the IBM solution. Regulatory direction, as well as consumer demand, are both pushing blockchain technology into agri-food supply chains. The U.S. Food and Drug Administration (FDA)'s 2019 initiative *The New Era of Smarter Food Safety* [4] built on the 2011 Food Safety Modernization Act (FSMA) by suggesting a modern approach to food traceability. This accelerated a number of blockchain proof of concept projects. FoodLogiQ, IBM Food Trust, ripe.io and SAP simulated seafood supply chain data sharing, leveraging GS1 Standards, the most widely used supply chain standards in the world. The blockchain technologies in the

project facilitated more accountability in the supply chain, through multiple parties across a supply chain supplying data forming an immutable ledger or audit trail of product events and transactions [5]. In August 2020, the U.S. Department of Agriculture said it envisioned distributed ledger technology becoming integral to the functioning of complex agricultural supply chains in the future [6]. Chinese consumers became even more interested in transparency during the COVID-19 crisis. In response, the APAC Provenance Council was formed in 2020, including VeChain and Blockchain Australia, again leveraging GS1 standards. By combining resources from all members, the Council aims to provide a comprehensive blockchain-enabled food supply chain finance ecosystem, bridging traceable, safe and trusted trades with shorter billing terms between Australian suppliers and Chinese importers, as well as proving traceability of product [7]. Global scale hi-tech food supply chain companies are progressing the development of national and international traceability pilot projects with solutions that include blockchain technologies to provide transparency and traceability, as well as improve the speed of tradability [8], [9].

This all builds on Opara's vision from 2002, discussing the future prospects for traceability in the food supply chain, and correctly predicting that access to better hardware and software would eventually enable "the development of electronic identification (EID) systems, which include electronic tags with chips and handheld scanners for reading, storing and transmitting the data to PCs for analysis and long-term storage" [10].

Food supply chains, whether agri- or aqua- focussed, are conceptually similar, and work as a linear chain of custody of different actors. All food supply chains start with a grower/producer – the producer might be nature itself, or a farmer working natural resources. Distributors (hauliers) then take over the chain of custody of the farmed and harvested product when they transport it to food processors, where natural products are then either blended or divided into packaging or combined with other ingredients. The processor sells that end food product to retailers who in turn sell to consumers. Drawing on agriculture and food supply chain literature (e.g. [11], [12]), Parmar and Shah review a number of past and current blockchain projects and suggest a series of issues suffered by each of those actors along the chain, that could be improved by the application of blockchain and other technologies (pg. 5926, [13]). Before them in 2015, The Provenance Project recognised the value to consumers and the chain of custody actors in food supply chains of providing them with documentation about a product's origin and journey through the supply chain via a trustable data format, in their whitepaper [14]. The paper initially suggested a Decentralised Application (Dapp) based on the Ethereum blockchain to be the trustable data source. Provenance have since developed a transparency platform and consultancy business, and have worked with global food brand Princes Group to provide blockchain tracking and verification for fish and fruit supply chains; with the International Pole and Line Foundation for fish; with Marleybones for pet food; and Bridgehead for coffee (all case studies can be read at provenance.org). Systematic literature reviews of blockchain technology in agriculture mainly discuss the countries where the most activity in the sector is happening - China is leader with most academic publications about agriculture sector blockchain projects, followed by USA, Italy, India and Spain [15]. The academic literature reveals trends, with research focussed on traceability, security design, and blockchain networks as information systems [16]. However, there are far fewer small-scale projects discussed in the literature that focus on the collection of data about what happens to produce on farms, when it is in the chain of custody with the grower/producer. This is just as important, as some consumers need to be assured of specific qualities being constantly present in products throughout entire lifecycle, due to health challenges.

This paper focusses on a small-scale DLT in agriculture project, showing what evidence there is of Problem – Comparison – Intervention and Outcomes, a framework recognised by Naqvi & Hussein [2] for proving evidence based practice. The project was social research involving interdisciplinary collaboration, across a range of disciplinary

and organisational boundaries. But what does this mean for research practice? How important is participatory action, connectivity and collaboration in research design? Participatory Action Research (PAR) is a broad term covering a range of participatory approaches to action-orientated research. It has great practical value in interdisciplinary research practice common when working with external partners for collaborative project outcomes. PAR involves researchers and participants working together to actively investigate a problematic situation or action in order to change or improve it for the better [17]. This paper shows that PAR is an approach for academic researchers and external organisations to work together with, to co-produce meaningful research designs and practical collaborative project outcomes, as well as prove evidence-based practice.

2. Principles of Participatory Action Research

The principles of PAR originated over 70 years ago with Lewin and the Tavistock Institute [18]. It is practice-led, rather than practice-based, and contrasts with traditional scientific research where participants are objects of the study. PAR methodology is structured as a "cyclical process of fact finding, action, reflection, leading to further inquiry and action for change" (Minkler, p. 191 [19]). The approach includes collective fact-finding, analysis, and decision making involving egalitarian participation by a team, community, or organisation, to transform some aspects of its situation or structures, through action, research and experience (p.1 Reason & Bradbury [20], [21]). As such PAR practitioners attempt to integrate three aspects: participation (life in society and democracy), action (engagement with experience and history), and research (soundness in thought and the growth of knowledge – Chevalier & Buckles, pp.6-8 [22]) with practical actions seamlessly uniting with research (Chambers, p. 315 [23]) and typically being performed 'with' people and not 'on' or 'for' people (Chevalier and Buckles, p. 5, [24]). PAR provides a genuine co-learning process through which different ways of knowing are valued and integrated and importantly the research process is considered to be as significant as the outcome (Pain & Francis [25]).

The PAR approach typically helps to create actionable knowledge, or interventions, for organisations facing difficulty and change by reflecting on and learning from the organisation's reflections and learning, respectively. It is this idea of meta-learning through the inclusion of academic and practitioner reflection, that elevates action research above every day problem solving [26], [27]. PAR can be particularly effective for multidisciplinary research. PAR approaches focus on enabling full participation of all those involved in the research process [28], and forging partnerships so participants can explore possibilities for transformation together [29]. Although collaboration has become common within the social sciences, there is evidence that multidisciplinary is only now becoming more accepted and understood in the wider academy [30].

PAR is an approach based on a set of core values that follows a broad process, rather than specific methods mapped out in advance. Together, project teams work iteratively to develop the focus of interest, methods and findings, sometimes dividing up tasks according to experience, and always reflecting at each stage. Both the enquiry and decision-making are therefore open and jointly negotiated (see Pain, Kesby and Askins, [31]). This involves the creation of a culture of systematic reflection within the project team. In order to create this culture of reflection it was important to be as open and transparent as possible and to actively include all stakeholders, and the project team, in the research design process. While this might at first appear to be at odds with the usual systematic research process, it has been suggested that it does not fundamentally alter the research method: rather, it places it within a process where it is developed and discussed by a group who have a range of perspectives, knowledge and expertise [32].

This participatory action research consortium involved SRUC - Scotland's Rural College, a collective of farms, and DLT platform software developers working collaboratively to co-create research and action in the form of a proof of concept technology demonstrator.

3. PCIO Case Study

PROBLEM: This project originated from an enquiry to SRUC - Scotland's Rural College - from a group of farms in the north east of Scotland in 2018. They sought a reliable method of providing traceability, provenance and assurance of the gluten free oat crop that they grow. Although oats are naturally gluten free, some manufacturers require assurance that they are not contaminated with other grain that may contain gluten. Some consumers need to be assured of specific qualities in food due to health challenges. For example, auto-immune response in people with Coeliac disease or severe gluten allergies (1-2% of most populations) is triggered when consuming more than 10-50mg. Most health authorities define gluten-free products as containing less than 20 parts per million gluten [33]. Oats are naturally gluten free, but can become contaminated (e.g. by wheat, barley or rye) as they grow and are harvested and stored on the farm, or are processed and are harvested by food manufacturers. This contamination risk makes them an unreliable food source for Coeliac disease sufferers. Although there is no official gluten free assurance scheme, the farms have developed their own protocol to ensure no contamination takes place on the farms and wanted a method to provide details and proof of this to the rest of the supply chain. Understanding the capabilities of blockchain technology for agriculture, SRUC held initial meetings with a DLT platform technical development company, to see if the farms' requirements could be met by the DLT platform. As a consortium, we developed a participatory action research and technical development approach.

INTERVENTION: Funding was secured for a project from The Scottish Government's Rural Payments and

Services Department's Knowledge Transfer and Innovation Fund (2019). A distributed ledger technology (DLT) platform was used to establish a decentralised private network between the farmers, SRUC (acting as verifiers) and third-party validators, to enable them to co-create a persistent digital record through time of data transactions about the oats. All parties in the network stored the decentralised record for resilient information security. The DLT platform also enabled the collaborative building of a shared but permissioned and encrypted digital register, which collected and secured data about the oats' GF status, throughout their growth lifecycle from the different participants. We brainstormed and mapped this process using Visio as a tool to construct a diagram, defining what actor undertook which step, and what digital data was required to prove its validity. Some process steps required sub-steps, where a number of processes would be repeated in the parent step through time (Figure 1).

Gluten Free Oats Cycle Process for Blocks of Fields

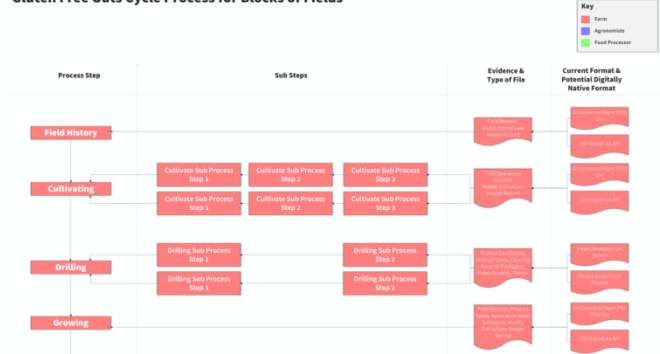


Figure 1. The process mapping of steps and data required as proof in the Gluten Free Oats Cycle.

We then constructed it as a process of steps by actors in the DLT platform's process designer user interface (Figure 2).

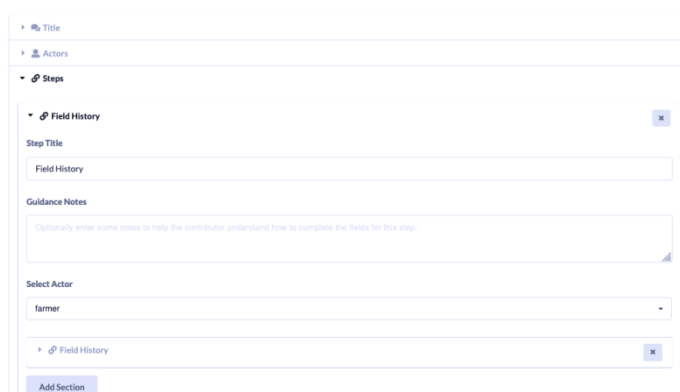


Figure 2. The SICCAR DLT Platform's Process Design User Interface, (see <http://wallet.services>).

The farmers and verifier in the private network could both read and write to the register, via a controlled process in a programmatically governed way. Each party only had access to write or read the data for which they had explicit permissions.

Permissioning was agreed by all the parties, via a function in the process designer user interface, and was written as cryptographic rules to the shared register as part of publishing a multi-party process (Figure 3).

Steps

Permissions

Step name	Field Label	farmer	thirdpartyassurer	verifiers
Field History	Field Record Upload	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Field History	Block ID	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Field History	Grower Identity	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Figure 3. Granular Permissioning of each piece of data in SICCAR (see <http://wallet.services>).

Data was only decrypted if a participant is a member of the wallet that the data transaction was sent to (proof of authority is the consensus mechanism the DLT platform uses). Figure 3, above, shows that the Field Record Upload, the Block ID and the Grower Identity data, all part of the Filed History step in the process, should be decrypted by the Farmer, Third Party Assurer and Verifiers actors. Access to the actors' wallets is controlled by adding and removing delegates from wallets, this was managed using each organisations' pre-existing enterprise user authentication and ID management system or directory, and the User Management App in the DLT platform. Webforms gave all actors in the network access through a simple web address, where they could only see actions and data relevant to them, minimising compliance and regulatory obligations (Figure 4 shows the Farmer's first actions in the shared process, requiring data upload via a webform).

Field History

Field History

Field Record Upload *

Choose File No file chosen

Block ID *

Block ID

Grower Identity *

Grower Identity

Farm Name *

Farm Name

Figure 4. Webform viewable by the Farmer actor, requiring data upload into the DLT platform (see <http://wallet.services>).

Farmers' data had to be validated as being true by the verifiers. Third-party assurers were given access to certain data to audit for certification. Once written to the register, the data was encrypted so it could not be tampered with. The DLT platform's directed acyclic graph (DAG) architecture model enabled the representation of complex split and combined chains, and for agricultural processes that at points had multiple repetitive steps – Figure 1 above shows the requirement for the Cultivating step to have a number of substeps.

API access to the public data, provided for transparency on the register in unencrypted format, powered a mobile friendly web app that consumers could access via their phone's camera capturing a QR code to trace and track the gluten free status of the oats using the data defined as public (Figure 5).

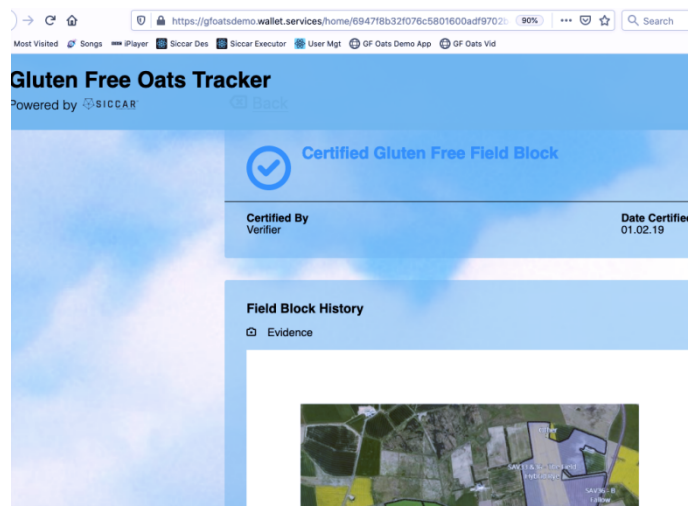


Figure 5. unencrypted data defined as public, so viewable to the API, and powering a mobile-friendly web app for consumers to view.

This app was launched by consumers taking pictures of a QR code on the packaging of the oats (Figure 6).



Figure 6. The QR code on the packaging of the oats, which opens the app showing public data, to prove their verified and assured gluten free status.

The output of the project was the construction of the secure, private, permissioned DLT network, and the publishing of a shared rules-based process on an encrypted distributed register, which was accessible to the consortium members through a user interface of easy to access mobile-friendly webforms, governed by wallet services. This live and tangible output – a proof of concept (POC) - had a number of outcomes.

OUTCOMES: The project's outcomes, a live, published POC that could be interacted with and demonstrated, proved that the DLT solution enabled and facilitated the provision of transparency to consumers (see Figures 5 and 6, above). Consumers could track provenance, and trace and monitor gluten-free levels of the oats throughout their lifecycle, from seed to shop. It also tilted some power in the supply chain back to the farmers, as they were able to evidence the quality of their processes to buyers and food producers for a better price. This builds on the hypothesis that value distribution becomes fairer with increasing transparency, as proposed by Gardner, et al [34]. In our case, the DLT solution was an economically fairer sociotechnical development for the farmers. The DLT platform developers received a license fee, and SRUC had a live POC, which could be demonstrated to achieve impact in the sector: 100 professionals in the sector experienced demonstrations at the Future Farming workshop in Aberdeenshire on 19th February 2020. There has been another 100 views of the YouTube video demo of the POC [35]. The live and video proof of concept demonstrations, and short online qualitative case study report further attracted the interest the press and generated stories. At September 2020, there has been one international BBC programme produced featuring the project and its case study [36], one national press stories ([37]), two regional press stories ([38], [39]), and four sector press stories ([40], [41], [42], [43]) – significant external coverage, although actual reader numbers cannot be measured from these external sources.

4. Discussion

Knowledge transfer to the agricultural sector was a key impact enabled from publishing the participatory action research project as a PCIO case study, which the press picked up on. Another impact of utilising PAR during the lifecycle of the project meant we were focussed on generating outcomes for all parties' benefits. PAR also demands reflection and evaluation, at the end of cycles, and a summary of learnings within them. For the DLT platform developers, there were learnings that became part of their platform through their agile software development processes: the idea of steps & child steps. This was needed for agricultural processes that had multiple repetitive steps (see Figure 1, above) and for processes that needed to eventually combine. Halfway through a harvest cycle, adding data to a register, the consortium recognised the need to consider what would happen if a field or harvest failed to be gluten-free due to contamination, therefore requiring the ending of a register (the oats continue into the supply chain for food

production, but without the special quality being guaranteed). The design of the register therefore changed at mid-point, and at the end of the harvest, when it was recognised that registers tracking field blocks needed to combine to become the single record for the store.

The learning for SRUC as validators of evidence was that sometimes the best digital evidence would be pictorial, direct from a users' smart device in their pocket, on the farm. The metadata of the picture provided the triangulation data proving date and time of pictorial evidence, and location of device. The learning for the farmers was that any data they input into the new DLT system ended up being an irritating time-wasting duplication of effort, and that for the system to be an acceptable IT addition, data input would need to be automated from edge devices such as sensors, and that Bring your own Device would need to strongly authenticated securely into the DLT network.

5. Conclusions and further research

Participatory action, connectivity and collaboration was important in our applied research and development project. The consortium agreed that the PAR project resulted in a proof of concept which proved the technical viability of DLT, and as a case study in the PCIO format, this gained sector and press interest. The need automate evidence direct from machines - hardwares such as IoT devices, softwares such as sector-specific management systems – as well as from user devices not necessarily in wallets are technical challenges to overcome next. All hardwares and softwares would need to be strongly authenticated and validated to be acceptable into a secure, private and permissioned DLT network as an actor. The business model was not proven by the project or the PoC, this would also need to be worked out as part of a more extensive pilot and roll-out.

PAR as an action focussed cyclical process enabled the consortium's project, and fitted with natural cycles of growth and harvest, as well as agile software development cycles – it presented a very democratic mode of approaching research, learning and the action of technical development.

Multidisciplinary collaboration with external partners enables a type of radical knowledge co-production that can enhance the learning, knowledge and expertise of all those involved, leading to positive research outcomes. Despite the potential benefits of the PAR approach when working with external partners on multidisciplinary collaborative projects, there are a number of organisational barriers to be considered. However, PAR provided the framework to establish research questions, develop methods, conduct collaborative data collection and analysis and produce outputs, but the details of the process must be context specific. This has meant that to date, PAR and co-production projects occur at a relatively small scale [44]. As agri-food focused DLT proof of concept projects and pilots continue and mature, processes will be longer and more

complex as different parts of the supply chain join in. The democratic and collaborative nature of bigger, longer-standing DLT networks will find that PAR is an appropriate research method to achieve evidence-based practice and provable outcomes and impact through its focus on dialogue, discussion, co-development and trusting relationships

Competing Interests:

HR worked as an employee of the DLT platform provider used during the lifetime of the PAR project, and was a member of the democratic team, collaborating in the PAR process. The PCIO case study was written up, as was this article, once she joined SRUC as an employee in August 2020. SRUC has no special interest in the DLT platform: applied research and development projects across the organisation use a number of different DLT platforms.

Ethical approval:

All actors in the PAR research granted their permission to be mentioned as actors in any public case study.

Author's contribution:

HR designed and coordinated this PAR project, developed the PCIO case study and prepared the manuscript in entirety, with the exception in the acknowledgement below.

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